

**Break the Chain Foundation
Break the Chain of Child Abuse
2010 Charity Break-a-thon Sponsor Sheet**

Participant Guidelines

Thank you for choosing to participate in our charity event in support of the **Break the Chain Foundation**, a nonprofit charity, and the **Center for Assault Treatment Services** (<http://www.abuse-assaultservices.org>) at the Northridge Hospital Medical Center.

This is a charity event to raise money. Your sponsors are donating money and in return you will be breaking either boards or blocks. Do not be pressured into breaking more than you are physically capable of doing, but use it as a personal challenge if you desire, and use that as a selling point to your friends and family. You do not have to break a board/block for every sponsor. Just like in a walk-a-thon, the sponsors sponsor your whole performance, not a piece. For an additional donation, the sponsor can request that the board/block be recognized as only coming from them. We recommend that you photograph your breaks and offer to give your sponsors a digital photo of their board being broken. We will have photographers there, but cannot guarantee that all breaks will be photographed.

Be creative and fun when talking to potential donors about what you will be doing. Use your imagination. For instance, you can say you are attempting to break your record, or you can say you will have 10 people holding boards and you will attempt to break them all with (you pick the method) in under 10 seconds, etc. Try to make it fun and exciting so people will come down and see you do it.

You can show up that day and participate, but please RSVP if you can and let us know what time you will be there (between 1pm & 4pm).

Make checks payable to "Silver Crane Dojo" and put "Break the Chain Charity 2010" in the memo. Give donor a receipt. Fill out two (2) receipts for each donor – one you give to the donor, one you turn in with your Sponsor Sheet. We will also accept credit cards the day of the event.

If you can donate your own boards/blocks to the cause, that would be great. If not, we will need your donor list and donations at least two (2) days prior to the event to obtain them. There will be a limited supply of extra materials at the event, so keep contacting donors up to the day of the event.

Invite your donors to attend the event. There will be the opportunity for them to learn how to break boards themselves. It's a fun activity for kids.

We will have small gifts for the individual and school that bring in the most donations.

If your school would like to put on a demonstration of any sort, please let me know in advance and we will set aside time.

If you have any questions, I can be reached at (818) 585-3801

Thanks for your support!

David Silverman
Silver Crane Dojo

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Donor: _____

Participant: _____

Amount donated: \$ _____

Date: _____, 2010

Event date: May 15, 2010, 1pm-4pm

Location: Silver Crane Dojo

20620 Lassen St

Chatsworth, CA 91311

(818) 676-9377

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